

COVID-19 Shooting Rules

The following additional rules are in force during the pandemic. These are intended to try and minimise transmission risk, and are based on government and NFAS guidelines. Note that the risk of infection outdoors in the woods is considered low, but please take all possible care whilst shooting and minimise interaction with others. Please follow these rules and be sensible. Failure to do so may result in your membership being withdrawn, or the club being closed again. Note that all members shoot at their own risk, and you need to be comfortable accepting the increased risk of infection before you attend the woods.

Common sense guidelines:

- 1. If you have been in contact with someone who has, or is suspected of having, COVID-19 please follow government guidelines and self-isolate. In such circumstances do not attend the woods, even if you are alone.
- 2. Always adhere to social distancing rules. Remain at least 2 metres apart from any individual who is not part of your immediate household.
- 3. Minimise your contact with objects in the woods. Only touch what you need to touch, avoid using your hands whenever possible.
- 4. Wash your hands before coming to the woods, whilst at the woods, and again as soon as you get home.
- 5. Park your car at least one car length away from any other cars. Please use the entire length of the track for parking.
- 6. Do not loiter. Warm up, shoot, go home. We are not planning on introducing a time-slot booking system at this time.
- 7. If you need a sit down, do so in your car or on a chair that you've brought with you. Please do not use the communal area for sitting and/or drinking tea.
- 8. Practice butts and the range are open for use but please consider how crowded they are before using them.
- 9. If you are part of an at-risk group (as defined by the government), or live with someone who is, please think very carefully before increasing both your and their exposure and risk by visiting the woods.

Who can shoot:

- 1. Only existing members may shoot. You must have hand sanitiser when visiting the woods. Do not come without any.
- 2. Until further notice you **cannot bring any guests** into the woods.
- 3. Due to the above, there will be no coaching and we are not accepting new members.
- 4. As always, you need to have renewed your club and NFAS membership to be present in our woodland.

Shooting groups:

- 1. You may shoot alone.
- 2. You may shoot with one other individual who is not part of your household (i.e. maximum group size of 2).
- 3. You may shoot in a group of any size as long as it **only contains members of your own household**.
- 4. No gaming of the rules by having two groups of two following each other around the course.

Out on the course:

- 1. Everyone must pull their own arrows, one after another whilst others remain distanced.
- 2. Avoid touching targets with your hands when pulling arrows brace targets using your legs or upper arms.
- 3. Do not move, rearrange, or alter any of the targets. If you notice a problem email the course officer once you get home.
- 4. Ensure distance is maintained between groups. If you see someone heading out onto a course before you then choose another course to shoot.
- 5. Do not share equipment. Do not touch another's bow or arrows whilst in the woods.
- 6. Remember that there are still ticks in the woods.

Facilities:

- 1. As per NFAS guidelines, the toilets are closed and unusable. Please plan accordingly.
- 2. The hut, marque, and seating area around the hut are not to be used.
- 3. Be mindful that the main gate, padlock, handle, and chain will all see frequent use. These are items that everyone visiting the woods will interact with and are probably our primary risk for transmission of the virus. Please use gloves and/or disinfectant when interacting with the lock and chain. You must bring hand sanitiser with you.
- 4. Please take all rubbish home, and remember that you need to display your parking permit when in the woods.